



Dana Mitchel, RD, LD

Dana Mitchel is a Registered Dietitian and the Director of Community Health and Nutrition at the Lowcountry Food Bank (LCFB) in coastal South Carolina. In her role at the, Ms. Mitchel manages the implementation of FNS SNAP Education and guides strategic health initiatives. She leads a team in a multi-pronged approach to influence policies, systems, and environments that support the adoption of healthy behaviors influenced through direct education in the community. In her thirteen years with the Lowcountry Food Bank, Ms. Mitchel has secured sustainable funding for feeding and education programs, trained staff, feeding agencies, and community partners in creating healthy environments, and advised health institutions on integrating food insecurity screening and interventions into workflows. Dana has served on the board of the Charleston Trident Dietetic Association, advises local health coalitions, and has taught at various institutions across the state. She holds a BS in Dietetics & Exercise Science from Virginia Tech and completed her dietetic internship at the Medical University of South Carolina.