



## ***McKenzie Caldwell, MPH, RDN***

**McKenzie Caldwell** is the lead dietitian and owner of Feed Your Zest Nutrition and Wellness, a virtual private practice specializing in weight inclusive reproductive health. McKenzie completed her BS in Nutritional Sciences at Cornell University, and the Master of Public Health/RD training program at UNC Chapel Hill. McKenzie loves helping her clients foster a healthy relationship with food while nourishing their bodies for fertility, pregnancy and beyond. In addition to seeing clients, McKenzie enjoys mentoring and training other dietitians, precepting interns, and adjunct teaching at Winthrop University. McKenzie lives in Charlotte, NC with her dog, Charlie.