

# Jennifer Hunt, RDN, LD

Greenville, SC

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## PROFILE

A highly motivated, enthusiastic, detail-oriented dietitian with experience in private practice, outpatient dietetics, recipe & content development. A team player who values the contributions of all team members and is not afraid to step into a leadership role when asked. Possesses a thorough understanding of the nutrition care process, strong written & verbal communication skills and a passion for people to provide the client with the tools and support needed to experience better health & eat with confidence. Emphasize whole foods, mindful eating, & easy cooking strategies to make healthy living simple & delicious.

## EDUCATION

TEXAS CHRISTIAN UNIVERSITY, Ft Worth, TX  
Bachelor of Science, Nutritional Sciences, May 09  
Coordinated Program in Dietetics  
Departmental Honors; Cum Laude

## CERTIFICATIONS & TRAINING

Registered Dietitian by CDR, Jul 2009- present  
Licensed Dietitian, SC Panel, Dietetics, Sep 2016- present  
Certificate in Adult Weight Management, Jun 2011

## RELEVANT EXPERIENCE

Jennifer Hunt Nutrition, LLC, Greenville, South Carolina  
Registered Dietitian Nutritionist, Jun 2016-Current

- Provide nutrition counseling, coaching and in-home cooking tutorials to educate and empower clients who are pursuing nutrition goals and wellness; working predominantly with moms & families, women with PCOS
- Created curriculum for & hosted, *Curious Kids Cooking & Food Science Camp*, a STEAM summer camp that encourages kids to explore food & nutrition through science experiments, fun, games, art and tasty recipes.
- Developed 6-week online nutrition & wellness course, *NOURISH*, for women and moms who want to confidently fuel their body, achieve nutrition goals and eat with confidence. The program has an emphasis on becoming a mindful/intuitive eater, developing healthful patterns that work for their lifestyle, smart nutrition for moms, and a grace-filled approach to body image after kids.
- Write science-based educational and motivational pieces on nutrition, health, & fitness for personal website
- Create and post simple, nourishing recipes using whole foods for budget-minded families
- Present engaging nutrition talks to encourage and support healthful choices, mindful eating and behavior change

Rex Surgical Specialists, Raleigh, North Carolina

Registered Dietitian, Aug 2013-Nov 2015

- Provided individualized nutrition counseling and education for bariatric and surgical patients pre/post surgery; assessed current nutrition status and dietary intake; developed personalized menu pattern
- Taught group nutrition classes; facilitated discussions and presented topics at weekly support groups
- Instructed in healthy cooking methods, food choice and food preparation during monthly cooking class
- Led grocery store tours for patients to provide instruction in healthy food choice & minimizing processed foods
- Performed metabolic testing and bioelectrical impedance analysis (BIA); reviewed results and labs to provide comprehensive dietary plan and education; implemented nutrition care process
- Assisted in management of nutrition store- ordering product, stocking, taking inventory and assisting customers
- Utilized Epic health systems software

Healthy Diets, Inc., Raleigh, North Carolina (now called New Leaf Nutrition Counseling)

Registered Dietitian, April 2010-Aug 2013

- Provided individualized nutrition counseling and education in variety of nutrition related areas, including prevention, weight management, cardiovascular health, diabetes management, & bariatric surgery
- Assessed current nutrition status and dietary intake; developed personalized menu pattern
- Provided corporate nutrition counseling & educational presentations to employees of Measurement, Inc & Blue Cross Blue Shield of North Carolina
- Performed metabolic testing and BIA; reviewed results and labs to provide comprehensive dietary plan and education; implemented nutrition care process; coached client in developing SMART goals

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Ben E. Keith Company, Foodservice Distributors, Fort Worth, Texas

Health Care Department Intern, May-Aug 2008

- Conducted software phone survey with customers; developed data reports
- Contributed ideas and assisted with revisions for the seasonal menus
- Revised recipe allergy/intolerance lists in menu software, *MenuManage*®

## **PROFESSIONAL PRESENTATIONS**

Helping consumers take science-based nutrition and apply it to real life is always a fun challenge. Using a food-first approach, I like to show moms and families how small but intentional steps can have a significant impact.

### Organizations & businesses I have worked with:

Michelin  
Local MOPS- Mothers of Preschoolers  
Burn Boot Camp and other Fitness Facilities  
Support Groups  
Faith-based Women's Seminars/Conferences

### Previous presentation topics have included:

Cooking with Kids 101 + Green Smoothie Recipe Demo  
Easy Meal Planning for the Crazy Weeks  
Amp Up Nutrition for Kids & Moms  
Foundations of a Healthy Lifestyle  
Nutrition in the Fast Lane

## **ACCOMPLISHMENTS**

### Awards

Outstanding Dietetic Student Award, Texas Dietetic Association, 2009

Newcomer Award, Fort Worth Dietetic Association, 2009

First Place: Interdisciplinary Undergraduate Research, Research Symposium, Texas Christian University, 2008-09

Dean's Honor List, Texas Christian University, Fall 2007, Spr 2009

### Scholarships

Medical Society of Tarrant County Scholarship

Transfer Faculty Scholarship, Texas Christian University

Margaret Jerome Sampson Scholarship, Phi Upsilon Omicron

Suzanne E Yarbro Memorial Scholarship, Phi Upsilon Omicron, Beta Zeta Chapter

Dallas Dietetic Association Scholarship, Texas Dietetic Association Foundation

## **OTHER EXPERIENCE**

### Employment

MODCO Insurance Agency, Inc., Fort Worth, Texas

Certificate Management Administrator/Administrative Assistant, May 2006-Aug 2008

- Assisted agents in proper maintenance of organization, efficiency and function; edited and prepared presentation materials for agents

Van Zandt Financial, Fort Worth, Texas

Administrative Assistant, May-Aug 2008

- Assisted with written and verbal communications; updated client database

Musculoskeletal Associates, Albany, Georgia

Chiropractic Assistant, Feb 2003-Apr 2006

- Interacted with a multiple-disciplinary team; performed radiology procedures; administered muscular modalities/therapies; instructed patients in therapeutic exercises and home care

### Computer Skills

- Knowledgeable in Microsoft Office; Epic; Healthie

## **PROFESSIONAL AND COMMUNITY INVOLVEMENT**

Academy of Nutrition and Dietetics, active member and volunteer

South Carolina Dietetic Association, active member

Piedmont Dietetic Association, board member

Redemption East, volunteer

Team Jesus Magazine, monthly online writer/contributor (past)