



Nominee Bio Questions

1. Name & credentials: Katy Flowers, MS, RDN, LD, CNSC
2. Current residence (city/town, state): Charleston, SC
3. Education:
MS in Nutrition and Dietetics from University of Rhode Island
BS in Nutrition and Dietetics from Samford University
4. Present position:
Coram CVS Specialty Infusion Services – Clinical Service Liaison
Morrison Healthcare – Dietetic Internship Coordinator
5. Previous positions: Clinical Dietitian at the Medical University of South Carolina
6. Professional activities (current):
Charleston Trident Dietetic Association – President Elect
Camp Adam Fisher – Dietary Team
MUSC / RB Stall High School Career Ready Mentor
7. Honors and awards:
CTDA Emerging Dietetic Leader of the Year 2024 – 2025
MHC/MUSC RD of the Month March 2024
CTDA Outstanding Dietetic Educator of the Year 2021 - 2022
CTDA Recognized Young Dietitian of the Year 2020 - 2021
Sodexo CARES Award 2019 - 2020
CTDA Outstanding Dietetic Student of the Year 2017- 2018
8. Certifications: Certified Nutrition Support Clinician
9. Publications: N/A
10. Statement of purpose: I am pursuing the role of Nominating Chair for the South Carolina Academy of Nutrition and Dietetics because I am passionate about lifting others up and helping them recognize their potential as leaders. As the Morrison Healthcare Dietetic Internship Coordinator at the Medical University of South Carolina, I have the privilege



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of mentoring and guiding emerging dietitians, supporting them as they gain confidence and step into professional roles. I hope to bring this same encouragement and advocacy to SCAND by fostering an inclusive and thoughtful nomination process, empowering members to pursue leadership opportunities, and strengthening our Academy through diverse and engaged leadership.

11. Home address, phone, email:

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12. Work address, phone, email:

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